



Windham Ridge School Council

Thursday May 3, 2018 | 6:30-8:30pm

In Attendance

Council Attendance

Vivian Aitas

Catherine Salole

Rachel Hamou

Carol Davidson

Cassandre Lennox

Svitlana Shamova

Tara Dimopoulos

Mary Dunstan

Angela Lambros

Julie Romanovich

Sophie Elias

Anahita Ogra

Guest Attendance

Francis Misquitta

Regrets

Nereo Bonomo

Teresa Cowan

Natalie Giatas

Inna Dovjenco

Maria Pulsoni

Suzanne McWhinnie

Anahita Ogra

Tansue (Student
Representative)

Anika (Student
Representative)

Theiva Kumaresan

Kelly Giesen

Jennifer Yan

Welcome & Introductions ~ V. Aitas & J. Romanovich

Welcome & Introductions

Land Acknowledgement was read.

Motion to approve agenda by M. Dunstan. Seconded by C. Salole. All in favour. Motion carried.

Motion to approve April minutes by A. Lambros. Seconded by T. Dimopoulos. All in favour. Motion carried.

A reminder that the June 6th meeting was changed to June 11th.

BIPSA update

- Math teachers have spent time focusing, learning and reflecting on math assessment. Outcomes included consensus around rubrics, marks and levels.
- WRPS had a visit from the Superintendent, Director and a Trustee. WRPS used this as an opportunity to advocate for current French Immersion needs.

Lunch

- Survey was sent to staff, parents and students in order to solicit community input on the lunch schedule. Great feedback was gathered which will be analyzed and discussed with the leadership team. Decisions will be shared at the next school council meeting.

Enrollment

- WRPS has been allocated another Grade 1 class for next year; currently we have 96 registrations for Grade 1.
- In total, we are expecting 623 students. We will be increasing to 28 homerooms from 26.

Classroom Placements

- Next year's classes are being built. The overall goal is to balance learning styles, behavior needs, gender and ministry guidelines in each class. In building classes, input is provided by parents, teachers, SERT, and administrators.

Upcoming Events

- Wellness Night: May 10th. Flyer will be sent to parents tomorrow (See Appendix 1)
- Spring Concert: May 14th.
- EQAO: May 22 – June 1
- Grade 1 Transition Visits: Friday June 8
- School Council Meeting: Monday June 11th @6:30
- Teacher Appreciation Day: Monday June 18th 10:40-1:10
- Year End BBQ: Wednesday, June 20th from 6-8pm
- Volunteer Tea: Friday June 22nd 10:40-1:10pm
- Grad Night: Tuesday June 26th at 5:45pm

Past Events

Parent Symposium ~ M. Dunstan & C. Lennox

- Great and informative event. Many informative sessions including one on promoting belonging and mattering in our schools and another that focused on ways to promote parent engagement in the school community. The event was highly recommended for other parents.

Movie Night and Social Media Speaker

- Event was a success with a great turnout!

Treasurers' Report ~ I. Dovjenco

Current budget as of May 1 was shared and included in Appendix 2.

Teachers' Report ~ R. Hamou

- Caring Colour Groups and One Nation Group are jointly working on an Indigenous activity/event on June 21st.
- At spring concert, parents will see a slide show on FNMI activities.
- Grade 8s are selling sorbets to raise funds for grad. Sales are going extremely well!!
- Survey was sent to Grade 7 parents to solicit input around next year's grade 8 trip. We will have a decision/feedback in June.

Committee Reports

Volunteer ~ T. Dimopoulos

- No new updates

Education

- No new updates

Fundraising ~ T. Dimopoulos

- 215 Subway lunch orders were raised

Student Programs ~ C. Davidson

- Playball to be booked for next year before end of this current school year.

School Grants and French Ambassador ~ V. Aitas for S. McWhinnie

School Grants

- We received \$3500 through Green Apple, Speak Up and Music grant
- A reminder that on May 29th Metis author David Bouchard will speak to students. This event was made possible through the Speak Up grant. David Bouchard will donate books to the school.

French Ambassador

- No new update

Yearbook

- The yearbook has been submitted. The Committee did a great job under T. Cowan's leadership.

New Business

Upcoming Events: Help is Needed

1. End of year BBQ is being held on June 25th
 - Planning is well underway; water truck, tables, entertainment, food and DJ have all been booked.
2. Fun Day
 - Planning is underway; currently committee is looking into activities
3. Welcome back Corn Roast

Science Fair ~ C. Salole

WRPS was represented extremely well at the annual York Region Science Fair. C. Salole suggested the School Council provide monetary support to next year's projects to help with the purchasing of project and display materials.

Next Meeting

June 11, 2018 6:30-8:30pm

Please join us at WRPS and ORPS Wellness Fair on May 10, 2018!

Keynote Speakers

First presentation: 6:15 to 7:00 pm
 Second presentation: 7:15 to 8:00 pm

| Location | Presenter | Focus of the presentation |
|----------|--------------------|---|
| Room 104 | Andrea Collins *** | Public Health Nurse Mental Health Awareness and Resiliency for Families |
| Library | Sara Dimerman | Psychologist How to support your child through everyday worries |
| Room 208 | Heather Skoll | Yoga and Mindfulness Reset your day with the "Peace Bubble" An interactive workshop that will support the whole family to hold on to and gain more "peace" along with bonus tools to reset your emotions and your day! |

Wellness Workshops

First presentation: 6:15 – 6:45
 Second presentation: 6:50 – 7:20
 Third presentation: 7:30 – 8:00

| Location | Presenter | Focus of the presentation |
|----------|----------------|--|
| Room 228 | Galina Nalhin | Author – Super charge your health The Magic of Green Smoothies |
| Room 224 | Dr. Maryam Nik | Learn how to boost your metabolism, build muscle, eat clean, improve posture, lose weight, and manage your stress. |
| Room 206 | Delia Rusu | Life coach 3 Steps for Mastering Self Talk |
| Room 108 | **Dr. Misa | Naturopath How Food Sensitivities & Sugar Can Affect Your Child's Health |
| Room 200 | Laura Stratton | Discussion on essential oils. How Essential Oils can help your family - from mental focus and clarity, study helper to anxiety remedies and sleep support - we have an oil for that! |

** We will be presenting twice: 6:15 & 7:00 pm in room 108
 *** Andrea will be presenting once from 7:15 - 8:00

Throughout the school, we will have various booths and activities families will be able to enjoy.

Blue Hills: Deborah Manion will be providing resources regarding children's mental health

Kinark: Jacquie Gill will lead an informational booth providing Triple P Parenting Information/Handouts

ORPS' Health Heroes will be facilitating different stations:

- *Mindfulness activities in a classroom*
Mind in a Jar, Mindful coloring;
- *Interactive "Wellness Wall";*
- **Public Health Interactive Activities;**
- **Public Health Resources** will be distributed.

Other experiences will take place at the school:

- ✓ **Just Drum It Inc.:** Drumming in the music room
- ✓ **Town of Richmond Hill:** will be running sports demonstrations in the gym.
- ✓ **WRPS/ORPS Grade 8 students and staff** will facilitate games for families & students to engage in.

Description of the Presentations and Events

- A-01 Just Drum It Inc.:** Just Drum It Inc. Hand-Drumming Circle. Participants will have the opportunity to have fun, express themselves, inspire others and perform in a drum circle without having any prior knowledge of drumming or music. Location: **Music Room** Presenter: *Daniela Schon*
- A02- Meridian Spine + Sport:** How Food Sensitivities & Sugar Can Affect Your Child's Health. Come and learn the differences between anaphylaxis and food sensitivities in this workshop. You will also develop a better understanding of foods that can contribute to obesity, concentration, skin and digestive conditions in children, and how to test for these food sensitivities in your child. Presenter: *Dr. Misa in room 108*
- A-03 York Region Public Health:** Mental Health Awareness and Resiliency for Families.
Presenter: *Andrea Collins in room 104*
- A- 04 ORPS' Health Heroes** will be facilitating different stations:
in room 103
- ✓ *Mindfulness activities in a classroom*
 - ✓ *Mind in a Jar, Mindful coloring;*
 - ✓ *Interactive "Wellness Wall";*
 - ✓ *Public Health Wheel;*
 - ✓ *Public Health Resources will be distributed.*
- A-05 Michelle Hassan-** Will be teaching some stretching and breathing techniques in **room 121.**
- A-06 Town of Richmond Hill:** will be running sports demonstrations in the gym.
- A-07 WRPS students, led by Ms. R. da Silva** will lead various activities outside on the **north side of the school.**
- B01- Parent Education Resource:** How to support your child through everyday worries. It will offer guidance to parents when dealing with their child's everyday (and sometimes more significant) worries. Presenter: *Sara Dinerman in the library*
- B02-** How Essential Oils can help your family - from mental focus and clarity, study helper to anxiety remedies and sleep support - we have an oil for that!
Presenter: *Laura Stratton in room 200*
- B03- Kinark Child and Family Services:** Triple P Parenting Information/Handouts. Presenter: *Jacque Gill Room 202*
- B04- Blue Hills Child and Family:** Information kiosk display about services offered. Presenter: *Daeborah Manion Rm 203*
- B05- Delia Rusu Coaching:** Help your Child Master Positive Self-talk in 3 Easy Steps --Learn how you can teach your children to notice their negative thinking, stop it in the tracks, and shift to more positive and powerful thoughts. With these tools and resources in their toolbox, children will be better equipped to deal with the challenges of growing up, develop powerful self-esteem, and build unstoppable confidence. **Room 206**
- B06: LifeNotes Wisdom:** Reset your day with the "Peace Bubble"! An interactive workshop that will support the whole family to hold on to and gain more "peace" along with bonus tools to reset your emotions and your day!
Presenter: *Heather Skoll Room: 208*
- B07: Enjoy Life Journey:** The Magic of Green Smoothies
Presenter: *Galina Naitin Room: 210*
- B08- Active-Med Health & Wellness:** Lifestyle Boot camp. Learn how to boost your metabolism, build muscle, eat clean, improve posture, lose weight, and manage your stress with simple lifestyle changes for the whole family.
Presenter: *Dr. Maryam Ntk Room:224*

Windham Ridge P.S.
Treasurer's Report as of May 01, 2018

| | Apr 04 - May 01, 2018 | YTD Total |
|--|-----------------------|----------------------|
| Opening Balance | \$ 54,366.79 | \$ 15,893.66 |
| Revenue | | |
| Dance-A-Thorn Fundraising | \$ - | \$ 10,681.25 |
| Astoria Greek Lunch | \$ - | \$ 9,456.50 |
| Fresh from the Farm | \$ - | \$ 3,274.00 |
| Pizza Lunch | \$ 250.85 | \$ 64,281.70 |
| Subway Lunch | \$ 12,357.90 | \$ 12,357.90 |
| Fall BBQ | \$ - | \$ 3,387.60 |
| Sushi Lunch - Wednesdays Jan to Mar 2018 | \$ - | \$ 7,240.00 |
| Kids Kitchen rebate | \$ 164.25 | \$ 680.75 |
| QSP rebate | \$ - | \$ 142.94 |
| On-line donations | \$ - | \$ 126.10 |
| Yearbook 2017 | \$ 99.00 | \$ 2,405.00 |
| TOTAL REVENUE | \$ 12,872.00 | \$ 114,033.74 |
| Expenses | | |
| Dance-A-Thorn Expenses ('It's pure entertainment' inv, prizes) | \$ - | \$ 1,257.55 |
| Greek Lunch- Astoria Shish Kebob House | \$ - | \$ 7,107.75 |
| Fresh from the Farm-Dietitians of Canada Inv #1083 | \$ - | \$ 1,964.40 |
| Fall BBQ (supplies, cotton candy, 'It's pure entertainment' inv) | \$ - | \$ 5,179.36 |
| Spring BBQ | \$ 451.43 | \$ 451.43 |
| Sushi lunch-D-Lite | \$ - | \$ 6,498.08 |
| Pizza-Oak Ridges Pizza House | \$ 3,464.04 | \$ 24,497.01 |
| YRDSB Cost Sharing fall 2017- New Technology | \$ - | \$ 6,549.99 |
| YRDSB Forest of Reading books | \$ - | \$ 655.92 |
| YRDSB musical instruments | \$ - | \$ 3,000.00 |
| YRDSB Makerspace items for library | \$ 1,696.04 | \$ 1,696.04 |
| YRDSB Council contribution to math carts | \$ 3,808.12 | \$ 3,808.12 |
| YRDSB Phys Education equipment/supplies | \$ 2,153.84 | \$ 2,153.84 |
| Rogers PS Red Maple tickets | \$ 186.00 | \$ 186.00 |
| Marchant's School Sport Ltd. School pinnies | \$ 1,369.35 | \$ 1,369.35 |
| CMV SocialMedia Inc. April 19th presentation | \$ 1,045.25 | \$ 1,045.25 |
| Fair Play Sportswear Hockey jerseys | \$ - | \$ 537.88 |
| Math games/manipulatives | \$ - | \$ 191.88 |
| Lego Robotics kits | \$ - | \$ 502.00 |
| Bandanas | \$ - | \$ 2,313.68 |
| The Lice Crew- lice checks | \$ - | \$ 828.86 |
| Winter Carnival supplies | \$ - | \$ 253.62 |
| Carol's D. Club expenses/supplies | \$ 138.43 | \$ 446.38 |
| Grade 8 grad trip (Angel fund) | \$ - | \$ 1,000.00 |
| Canadian Parents for French Public Speaking contest | \$ - | \$ 260.00 |
| Online fee charges | \$ - | \$ 261.72 |
| Scientists in School | \$ 597.00 | \$ 3,582.00 |
| TOTAL EXPENSES | \$ 14,909.50 | \$ 77,598.11 |
| BALANCE ON HAND AS OF May 01/2018 | \$ 52,329.29 | \$ 52,329.29 |